



RELEASE FROM LIABILITY

Important: This release is a legal contract binding upon you and the Complete Sponsors. Read it carefully and obtain legal assistance if you do not understand it.

1. **Voluntary Participation.** I, the undersigned, acknowledge and state that I have applied to voluntarily join and to participate in the activities of the Trident Academy of Martial Arts, Inc. DBA Trident Martial Arts, including but not limited to the instruction, techniques, and methods commonly known as "Martial Arts."
2. **ASSUMPTION OF RISK.** I AM AWARE AND UNDERSTAND THAT, IN GENERAL, MARTIAL ARTS IS A DANGEROUS AND HAZARDOUS ACTIVITY, AND IN PARTICULAR THE INSTRUCTION, TECHNIQUES TAUGHT AT TRIDENT ACADEMY OF MARTIAL ARTS, INC. (COLLECTIVELY, TRIDENT MARTIAL ARTS METHODS), I AM VOLUNTARILY AND OF MY OWN FREE WILL PARTICIPATING WITH FULL KNOWLEDGE AND UNDERSTANDING OF THE SERIOUS DANGER AND HAZARDS INVOLVED. I HEREBY CONSENT AND AGREE TO COMPLETELY ACCEPT ALONE ANY AND ALL RISKS OF INJURY OR DEATH, AND I VERIFY AND CONFIRM THIS STATEMENT BY PLACING MY INITIALS HERE: _____
3. **Release.** In consideration of (a) being accepted as a member of the Trident Academy of Martial Arts, Inc. (b) being instructed of and about Trident Academy of Martial Arts, Inc. methods (c) being entitled to participate in any and all of the activities conducted or sponsored by the Trident Academy of Martial Arts Inc., and (d) being permitted to use any and all of the Trident Academy of Martial Arts, Inc. equipment, whether owned or leased by the Trident Academy of Martial Arts, Inc., in connection with the Trident Academy of Martial Arts, Inc. methods, its activities, or otherwise, I hereby agree that I, my heirs, distributes. guardians, successors in interest and legal representatives (collectively referred to as "Releasor") will not make a claim or file an action or suit against, sue or attach the property of (a) the Trident Academy of Martial Arts, Inc. and/or any of their respective affiliated organizations, and (b) any and all manufacturers, distributors, wholesalers, suppliers, retailers, and/or providers of the facilities and equipment I will use in connection with activities conducted and /or sponsored by the Trident Academy of Martial Arts, Inc. and its activities (collectively referred to as the "suppliers"), (the Complete Sponsors and the Suppliers shall collectively be referred to a "Releasees"), for damages, injury, emotional distress claims, bodily injury claims, and punitive damages, whether known or unknown, foreseen or not due to resulting from the acts, conduct, negligence, or misfeasance of, or failures to act by, the Releasees, or any them.
4. **Application of Virginia Law.** In further consideration of (a) being accepted as a member of Trident Academy of Martial Arts Inc., and (b) being permitted to use any of the facilities and equipment, I hereby agree that this Release from Liability shall be interpreted under and construed in accordance with Virginia law only, without the benefit of and disregarding all Virginia conflict of law's provisions, so that any and all disputes, contentions, disagreements or controversies arising from or related to (a) this Release from Liability, (b) the application for membership in the Trident Academy of Martial Arts, Inc., or (c) my use of the facilities and/or equipment, shall be interpreted under and in accordance with only Virginia law regardless of my domicile or residency; and that the only court in which an action or suit may be brought in connection with the foregoing shall be the court of original jurisdiction of the Commonwealth of Virginia situated in the County of Prince William. Further, I waive any right I may have to assert the doctrine of forum non conveniens or similar doctrine or to object to venue with respect to any proceeding brought in accordance with this Release, and I stipulate that Virginia courts shall have in personam jurisdiction and venue over me for the purpose of litigating any dispute, controversy, or proceeding arising out of or related to the Release, the Trident Academy of Martial Arts, Inc., and/or the Suppliers
5. **Health Advisory and Conditions.** I hereby acknowledge and understand the performance, practice, and utilization of the Trident Academy of Martial Arts, Inc. involves extremely strenuous physical activity, and that I have been advised to consult a physician before commencing and undertaking such activity. I hereby represent that, to the best of my knowledge, I am in good physical health and condition, sufficient to undertake the activities and practices of the Trident Academy of Martial Arts, Inc.
6. **Knowing and Voluntary Execution.** I hereby declare that I have carefully read this Release from Liability and that I fully understand the meaning and importance of its contents. I acknowledge that this Release is a binding contract among the Trident Academy of Martial Arts, Inc., the Suppliers and me and that under this contract I am releasing the Trident Academy of Martial Arts, Inc. and the Suppliers from all liability for claims I may have against them. I further declare and represent that I am at least 18 years of age, that I have full legal capacity to be bound by the contract, and I am signing this contract of my own free will and accord.

Executed at WOODBRIDGE, VA on this _____ day of _____, 2020

Sign name: _____ Print name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

NOTE: IF PARTICIPANT/RELEASOR IS LESS THAN 18 YEARS OF AGE, A PARENT OR GUARDIAN MUST ALSO INITIAL ABOVE AND SIGN BELOW.

Sign name: _____ Print name: _____